



LADYBIRDS
NURSERY

Sleeping children

Childcare Practise

Covid-19

Temporary Policy

Policy Statement

At Ladybirds Nursery we have a policy regarding allowing children to sleep.

Following Ofsted's guidelines, we allow children to sleep whenever they wish. The welfare requirements state that the provider must meet the needs of the child at all times, this means if the child is tired, allowing him/her to have a nap.

While parents and carers may make a formal request for their child to be exempt from receiving the learning and development requirements of the EYFS, there is no provision for the child to be exempt from the welfare requirements. In meeting the welfare requirements, we are ensuring we are meeting the individual needs of the child.

Getting enough sleep - and the right sort of sleep - is a crucial component for development.

We are aware that this may be a delicate situation for some parents, but we wish to make it clear that we are looking after the best interests of your child. Nursery is a very active time, and children often get tired easily.

During the outbreak of the Coronavirus, we have had to change the procedures we follow for sleeping children.

The procedures are temporary, and as soon as the guidance changes, we can accommodate the children back into the sleep room.

Each child will have a bed with their name on, they will use blankets provided by nursery which will be washed after every use.

The children will sleep in their own rooms at a safe distance away from each other.

This will avoid the unnecessary movement around the nursery, going up and down the stairs.

The babies will also sleep on their individual bed in their room.

There is no change in the way we monitor sleeping children. The children are never left alone, there is always a staff member in the room with the sleeping children.

While the number of children who have returned after our closure is low, there is enough space in each room to accommodate both children who need to have a nap, and the children who wish to stay awake.

Policy made 1st June

To be reviewed August 2020 or sooner if additional guidance becomes available.

Policy Reviewed