

### ILL



Little finger hands (palms out, pointing up) at upper chest, drop in straight line to waist level.

### WORRIED



Index hands (palms back, pointing up) at either side of forehead, make short alternate movements backwards and forwards.

### HOME



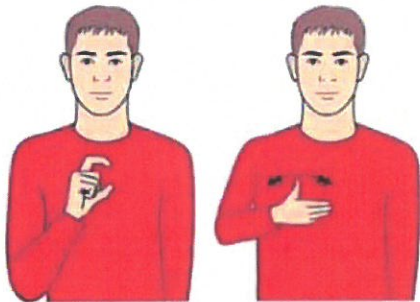
Working bent hand (palm in, pointing up) bends inwards from wrist while moving in a short way, finishing palm down, pointing in.

### CHANGE



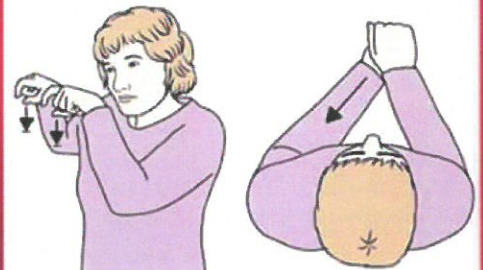
Tucked hands (palms back, pointing in), working hand above, make half-circle back to change positions.

### CORONAVIRUS



Make letter shape "C"; then working "M" hand with extended thumb (palm back, pointing in/up) held in front of body, moves slightly from side to side twice.

### STAY SAFE



"C" hands (palms down, pointing forward) make short, firm movement downwards; then working closed hand (palm down, pointing forward) on supporting closed hand (palm up, pointing forward/in); formation moves back towards supporting side of body.



# COVID-19

### KEEP A SAFE DISTANCE



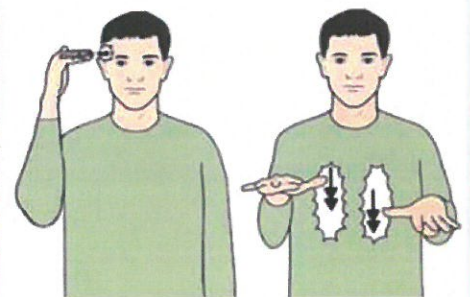
Working closed hand (palm down, pointing forward) on supporting closed hand (palm up, pointing forward/in); formation moves back towards supporting side of body; formation moves back to body; then working "L" hand (palm in, pointing forward) arcs forwards from the signer.  
*Directional sign.*

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### MENTAL HEALTH



Working bent hand (palm in, pointing up) fingertips tap side of forehead twice; then open hands (palms down, pointing forward); thumbs brush down chest alternately several times.

### WASH



Mime appropriate washing action; use appropriate action and handshape.

### SOAP



Make letter shape "S"; then working flat hand rubs over palm of supporting relaxed hand once.

### WATER



Working cupped hand (palm forward, pointing in) backs of fingers rub up and down against cheek.

### TISSUE



Working parallel flat hand (palm up, pointing up) in front of nose pulls forward/down, thumb and fingers closing